



# NORTH CURLY NIPPER NEWS



DECEMBER 2011

[www.nthcurlcurlslsc.com.au](http://www.nthcurlcurlslsc.com.au)

## JAC WELCOME

Hi Everyone,

Don't forget that we will be celebrating Christmas with the Dee Why Nippers in our annual "Over the Hill" at Dee Why Beach next Sunday 18/12. We will kick off around 9am. Don't forget that Santa will be making a special appearance and usually has a small gift for the children.

I would like to say a special thank you to Helen and Iain Dixon for their involvement with Nippers this year. Iain for his water safety expertise – hours of time spent in mostly cold water so far this year. And Helen for being Registrar – this involves hours of work inputting Nipper data. It's volunteers like Helen and Iain that keep Nippers running smoothly. If anyone would like to take on their roles please contact me.

Well done to all the Carnival Competitors for their achievements so far at the Manly, Dee Why, Freshwater and Queenscliff Carnivals. See the Competition results in this Newsletter to see how well we have done.

Finally, I hope everyone has a safe, fun and enjoyable Christmas/New Year Break. Don't forget that Nippers resumes Sunday, 8 January 2012.

Cheers  
Richard Smith  
[J A C]

## NEW NIPPER CARNIVAL ENTRIES

If you would like to enter your child in an upcoming nipper carnival, please email Desa at [nccarnivals@unwired.com.au](mailto:nccarnivals@unwired.com.au). Please ensure you include the child's name, age group and event team preference Water or Sand

## INTERBRANCH TEAM

Congratulations to Sophie McGovern (under 13 girls) and Kristy Leonard (under 14 girls) who have been selected in the SNB Interbranch Team. The girls will compete at the NSW Interbranch Carnival at Redhead in December.

## CLUB CHAMPIONSHIPS

Results of round 1 & 2 Club Championships can be found on the club website on the nippers page.

## BEACH EVENTS

With the season now in full swing it's great to see so many nippers enjoying themselves on Sunday mornings. In beach events, at normal nippers we would continue to encourage the age groups to be split up so that it makes it more interesting for our nippers and ensures that we get a variety of different place getters.

While our Club Championship Sunday's do run a bit longer than normal nippers it is a good opportunity for all our nippers to run on a proper beach running track and to participate in flag events which are run as close as possible to what you would experience at the Branch & State Championships.

For our more serious beach competitors our training program is progressing well with some excellent results at the Manly Carnival. A session was also run for our U/8's competitors just prior to the Manly Carnival where we went through the basics for beach relays and Rob Lovely provided tips and advice for the Wade Relay.

Leading into the Branch & State Carnivals we will be introducing an additional midweek training session (details below). At some of our training sessions we will have senior competitors and officials available to assist our younger members.

### **Palm Beach & Freshwater Open carnivals U/13's & U/14's and Wave Warriors at North Wollongong (U/11's – U/16's)**

The Palm Beach Open Carnival (Saturday 7 January) & the Freshwater Open Carnival (Thursday 26 January) are open to U/13 & U/14 Nipper competitors. If you would like to compete in beach events at either of these carnivals please see me for further details.

The Wave Warriors Event at North Wollongong is open to U/11's – U/16's (18 – 20 January) and includes beach events as well as water events. Again if you would like further information regarding this event please see me for details.





## March Past

The March Past is an event for U/9 – U/14 Competitors held at all Junior Carnivals. We had a full team of 12 competitors at the Manly Carnival. While the team at Manly was selected on an “as available” basis the team for Branch & State will be selected largely based on a nipper’s availability and performances in the lead up carnivals. If you would like to be considered for selection in this team please see either myself or Matt Glanville & we will provide you with further details.

## Cameron Relay Running Training

The Cameron relay is a 4 person (any gender) event held for each age group in U/11’s – U/14’s where there is a swimmer, a board paddler & 2 x runners. Branch has decided to trial replacing this event at the early season carnivals with a Brace relay event (swimmer & paddler only). In preparation for Branch & State Cameron Relay running training will be included as part of the Beach Training sessions commencing in mid January.

## Beach Training Program

We have a full season training program which has been developed to take into account our Club Championships & Carnival dates. The program for the next couple of months is as follows:

- **Week 8 Nippers 4/12/11 Queenscliff Carnival – No Beach Training on this day.**
- **Week 9 Nippers 11/12/11 Interbranch Carnival – No Beach Training on this day.**
- **Tuesday Training 13/12/11 4:00pm to 5:30pm**  
Nippers are welcome to attend only part of this session in order to then attend board/swim training. Meet at Beach.
- **Week 10 Nippers 18/12/11 Over the Hill Nippers at Dee Why – No Beach Training on this day.**
- **Tuesday Training 20/12/11 4:00pm to 5:30pm**  
Nippers are welcome to attend only part of this session in order to then attend board/swim training. Meet at Beach.
- **Tuesday Training 3/1/12 4:00pm to 5:30pm** Nippers are welcome to attend only part of this session in order to then attend board/swim training. Meet at Beach.
- **Week 11 Nippers 8/1/12 08:00 – 09:00 – Combined Flags, Sprint & Relay Training.** Meet at the Beach. Parents & Age Managers are welcome to attend. **After Nippers Relay Training** at the track. Please meet at the track at the completion of normal nippers.
- **Tuesday Training 10/1/12 4:00pm to 5:30pm** Nippers are welcome to attend only part of this session in order to then attend board/swim training. Meet at Beach.
- **Week 12 Nippers 15/1/12 Narrabeen Carnival – No Beach Training on this day.**

- **Tuesday Training 17/1/12 4:00pm to 5:30pm** Nippers are welcome to attend only part of this session in order to then attend board/swim training. Meet at Beach.
- **Week 13 Nippers 22/1/12 All Australian Nippers Carnival at Manly - No Beach Training on this day.**
- **Tuesday Training 24/1/12 4:00pm to 5:30pm** Nippers are welcome to attend only part of this session in order to then attend board/swim training. Meet at Beach.
- **Week 14 Nippers 29/1/12 Club Championships Round 3 – No Beach Training on this day.**
- **Tuesday Training 31/1/12 4:00pm to 5:30pm** Nippers are welcome to attend only part of this session in order to then attend board/swim training. Meet at Beach.
- **Week 15 Nippers 5/2/12 08:00 – 09:00 – Combined Flags, Sprint & Relay Training.** Meet at the Beach. Parents & Age Managers are welcome to attend. **After Nippers Relay Training** at the track. Please meet at the track at the completion of normal nippers.

If you are interested in further information please see me at the beach or alternatively you can email me at [mcgovern3@bigpond.com.au](mailto:mcgovern3@bigpond.com.au)

Stephen McGovern  
Beach Manager

## BOARD & SWIM TEAMS

The pre competition phase of the board and swim training program is now complete with the conclusion of the introductory training sessions for new paddlers at the dam on Tuesdays

The Tuesday introductory dam training session gave all nippers a chance to be introduced to surf board paddling techniques in a safe and controlled environment. Many thanks to Tim Hayes and his coaching staff for getting themselves to the dam each Tuesday and a special thanks to Ned Heaton whom each week donated 2-3 hours of his time transporting 30-40 boards to and from the dam and assisting Tim with the coaching .

The beach based introduction surf skills session run by Marty Gall at 0800 on Sundays by popular demand will continue thru to the 18<sup>th</sup> of December 2011. Again special thanks to Marty, David Jones and Rob Lovely for giving up their time to make sure that the North Curl Curl nippers have had the chance to learn their surf paddling skills in a controlled and friendly environment.

These Tuesday and Sunday sessions have resulted in the development of an extremely strong group of fewer than 9 competitors whom have performed extremely well at the 3 carnivals held to date.





**The Competition Phase** of the board and swim team training program will be focused at building up the endurance of the competitors and refining their surf skills in preparation for competition.

From now until the state carnival commences on the 2nd of March 2012 training sessions will only be for:

1. Nippers whom have enrolled in the North Curl Curl Board and swim training program and
2. Nippers whom are regularly competing at carnivals.

#### Sessions will be held as follows:

Board training -Tuesdays at the beach under the direction of Tim Hayes:

- 4.30 to 5.15pm – Under 9s,10s ,11s
- 5.30 to 6.30 – under 12s,13s,14s

Board training -Thursdays at the beach under the direction of Scott Jones:

- 4.30 to 5.15pm – Under 9s,10s ,11s
- 5.30 to 6.30 – under 12s,13s,14s

Swim and iron man training –Saturdays at the beach under the direction of Rob Lovely and Tony Williams:

- 8am under 11,12,13and 14 swim training
- 8.45am under 11,12,13and 14 iron man training
- 9.30 under 9 and 10 swim training

#### Please note

1. *Additional water safety personnel are now required for the Tuesday beach training sessions especially the 4.30 under 9, 10 and 11 sessions. Any parent with a current bronze medallion is urged to contact to Chris Sparkes our Water safety Co-coordinator on 0417665623.*
2. *If the beach at North Curl Curl is closed due to surf conditions blue bottles or pollution from the lagoon an alternate training location will be advised via email by 3pm*
3. *Late enrollments will be considered on their merit please contact Samantha Van Haren on [svanharen@ozemail.com.au](mailto:svanharen@ozemail.com.au) for further details*

#### Other news

Congratulations to Kristie Leonard whom has been selected to represent the northern beaches in the Interbranch competition. A fantastic effort and thoroughly deserved Congratulations to our two trainee coaches Sam Williams and Sarah Lovely whom have recently completed their level 1 coach's course.

Special thanks to Iain, Helen Dixon who have been long term supporters of the nippers club and to Iain whom in recent times has with Chris Sparkes co-ordinated the water safety personnel for the nippers training sessions. Helen and Iain and daughters Florrie and Josie will head off overseas on 21/12 and will be relocating to New Zealand. We wish them well and hope they return to North Curl Curl in the not too distant future.

Cris Van Haren  
Board and swim team manager

## COMPETITION RESULTS

### The Manly Nippers carnival

- Under 8 Boys - 3<sup>rd</sup> Wade Relay
- Under 9 Boys board – 2<sup>nd</sup> Jed Walsh , 3<sup>rd</sup> Sam Heaton
- Under 9 boys-2<sup>nd</sup> Board relay
- Under 10 Boys Flags – 3<sup>rd</sup> Oliver Little
- Under 10 girls -3<sup>rd</sup> Board relay
- Under 11 -2<sup>nd</sup> Brace relay
- Under 11 boys – 2<sup>nd</sup> Beach Relay
- Under 11 boys-2<sup>nd</sup> Board relay
- Under 11 Girls Flags – 2<sup>nd</sup> Billie Taylor
- Under 11 girls board -2<sup>nd</sup> Tasma Wooley
- Under 11 girls – 2<sup>nd</sup> Board relay
- Under 12 boys-3<sup>rd</sup> board relay
- Under 12 boys- 3<sup>rd</sup> swim teams
- Under 12 girls -3<sup>rd</sup> board relay
- Under 13 girls Beach Sprint - 1<sup>st</sup> Sophie McGovern
- Under 13 girls Flags – 1<sup>st</sup> Sophie McGovern, 3<sup>rd</sup> Elise Glanville
- Under 13 girls – 2<sup>nd</sup> Beach Relay
- Under 13 boys – 3<sup>rd</sup> Iron man Isaac Smith
- Under 13 boys -1<sup>st</sup> board rescue
- Under 14 girls beach Sprint – 2<sup>nd</sup> Kaitlyn Glanville
- Under 14 girls – 1<sup>st</sup> Beach Relay
- Under 14 girls – 2<sup>nd</sup> swim team
- Under 14 girls board –3<sup>rd</sup> Kristie Leonard

### The Freshwater Bennett carnival

- Under 14 girls – 3<sup>rd</sup> iron man Kristie Leonard
- Under 9 boys board – 2<sup>nd</sup> Teddy Wilson
- Under 10 boys board -3<sup>rd</sup> Max Von Appen
- Under 12 boys board -2<sup>nd</sup> Harry Wilson
- Under 14 girls board - Kristie Leonard
- Under 9 – 2<sup>nd</sup> and 3<sup>rd</sup> mixed board relay
- Under 10s 3<sup>rd</sup> Mixed board relay

### Queenscliff Carnival

To be included in next Newsletter





**PRICE LIST**

Nipper Clothing will not be on sale again until early in 2012.

- Nipper Caps - \$10
- Girls One Piece - \$50
- Girls Two Piece - \$50
- Boys Racer - \$30
- Skins/Jammers - \$45
- T-Shirt Rash - \$50

Please Note 2011/2012 Season  
 Under 6 Age Group – **Yellow** Caps  
 Under 7 Age Group – **Green** Caps

New Boardies

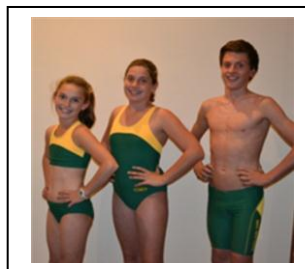
- Boys - \$55
- Girls - \$40
- Men's - \$60

Hoodies - Limited Stock

- Boys/Girls - \$50
- Men's/Ladies - \$55

Specials

- Hooded Towels - \$20



**2011/2012 AGE MANAGERS**

Under 6 - Female	Carter Jackson
Under 6 - Male	Rob Currie
Under 7 - Female	Richard Smith
Under 7 - Male	Rohan Connors
Under 7 - Male	Glenn Young
Under 7 - Male	Hayden Lilienthal
Under 8 - Female	Spencer Harrop
Under 8 - Male	David Quinn
Under 8 - Male	Paul Kleiner
Under 9 - Female	Dan Simpson
Under 9 - Male	Jim Gagen
Under 9 - Male	Vince Healy
Under 10 - Female	Phil Cullum
Under 10 - Male	Michele von Apen
Under 10 - Male	Darren King
Under 10 - Male	Allan Wall
Under 10 - Male	Jason Little
Under 11 - Female	Sally Prowse
Under 11 - Female	Simon Taylor
Under 11 - Male	Rob Watson
Under 12 - Female	Karen Sparkes
Under 12 - Male	Steve Howe
Under 13 - Female	Matt Glanville
Under 13 - Male	
Under 14 - Male	Geoff Pickering
Under 14 - Female	



**NCC NIPPERS CALENDAR OF EVENTS**

Season 2011 - 2012

DATE		EVENT	VENUE	OTHER
<b>September</b>				
11-Sep	Sun	Nipper Registration	Surf Club	
18-Sep	Sun	Nipper Registration	Surf Club	
<b>October</b>				
1-2 Oct	Sat/Sun	Forster Ironman Carnival U11+	Forster	See Desa for entries
16-Oct	Sun	1st week nippers commence		
16-Oct	Sun	Interbranch Selection Carnival	Nth Curl Curl	Ages 12 -14 Only
23-Oct	Sun	Nippers		
29-Oct	Sat	Sydney Water Carnival	Towradgi	See Desa for entries
30-Oct	Sun	Nippers		
30-Oct	Sun	Bennett Board Classic - Ages 9+	Dee Why	See Desa for entries
<b>November</b>				
5-Nov	Sat	Sydney Water Carnival	Shellharbour	
<b>6-Nov</b>	<b>Sun</b>	<b>Nippers Club Championships</b>		<b>Round 1</b>
13-Nov	Sun	No Nippers		
13-Nov	Sun	Manly Carnival - Ages 8+	Manly	See Desa for entries
20-Nov	Sun	Nippers		
20-Nov	Sun	Bennett Ironman - Ages 9-14	Freshwater	See Desa for entries
26-Nov	Sat	Sydney Water Carnival	Nth W'Gong	
<b>27-Nov</b>	<b>Sun</b>	<b>Nippers Club Championships</b>		<b>Round 2</b>
<b>December</b>				
4-Dec	Sun	No Nippers		
4-Dec	Sun	Queenscliff Carnival - Ages 8+	Queenscliff	See Desa for entries
10-11 Dec	Sat/Sun	NSW Interbranch Carnival	Redhead	
11-Dec	Sun	Nippers		
17-Dec	Sat	Sydney Water Carnival	Warilla	
18-Dec	Sun	Over the Hill Xmas Nippers	Dee Why	All age groups U6 - U14
<b>January</b>				
1-Jan	Sun	No nippers		
7-Jan	Sat	Open carnival	Palm Beach	Age Groups 13+
8-Jan	Sun	Nippers		
15-Jan	Sun	Nippers for 6 & 7 only		
15-Jan	Sun	Narrabeen Carnival	Narrabeen	Ages 8+ only
17-19 Jan	Tue/Thu	Nutrigrain Nipper Carnival	Nth W'Gong	Ages 11 + only
18-20 Jan	Wed-Fri	Wave Warriors	Wollongong	U11's-U16's
22-Jan	Sun	Nippers		
22-Jan	Sun	All Australian Nipper Carnival	Manly	Ages 11 + only
24-25-Jan	Tue/Wed	Surf Sports Intensive Camp	Curly	
26 Jan	Thu	Freshwater Carnival	Freshwater	U13-U14 only
<b>29-Jan</b>	<b>Sun</b>	<b>Nippers Club Championships</b>		<b>Round 3</b>
<b>February</b>				
5-Feb	Sun	Nippers		
12-Feb	Sun	Nippers for 6 & 7 only		
12-Feb	Sun	Branch Championships	tbc	Ages 8+
19-Feb	Sun	Nippers		
26-Feb	Sun	Nippers		Presentation for 6 & 7 afterwards
<b>March</b>				
2-4 March	Fri/Sun	State Champs	Kingscliff	Ages 8+
10-Mar	Sat	U8 + Presentation	Surf Club	Age groups U8 - 14 only





## OUR PROUD SPONSORS OF NIPPERS



Freshwater  
Community Bank®  
Branch



Keep in touch with everything that is happening at  
North Curl Curl Surf Lifesaving Club by viewing our website: [www.nthcurlcurlslsc.com.au](http://www.nthcurlcurlslsc.com.au)

